

CHANEL COLLEGE

news

20 August 2015

TERM 3 WEEK 6

ISSUE 48

"To act justly, to love tenderly and walk humbly with your God" Micah 6:8

From the Principal

Imagining Your Future

The Subject Selection Evening on Tuesday night was very well attended. Congratulations to the Year 11 students on the fantastic job they did on the Subject EXPO. Our current Year 9 and 10 students have now been issued a task to start thinking about their future pathways. Year 12 students, I know that you are counting down until your final day here at Chanel, but for some students there is a real concern about what their future holds.

I recently came across this article that I thought was worth sharing.

Imagine if you were shown a picture of someone lying in bed with their eyes closed. Their hand is stretching out towards an alarm clock on the table next to the bed. Through a window you can see the early morning sun.

What story could you tell about this picture? Would you tell a story about someone who has a busy day ahead with lots to get done? Would you tell a story about someone with lots to look forward to, friends to see, things to do, a day full of possibilities?

Or would you tell a story about someone reaching to turn off the alarm because it is Saturday and they can turn over and go back to sleep? Or someone who has decided they don't feel like getting up and starting the day because there are jobs to be done that they don't want to do?

You may be surprised to know that if you told a story about someone switching off the alarm, it is more likely that you are not very motivated yourself to set and achieve goals.

However, the people who imagined stories

about a person who had lots to do were themselves highly motivated to achieve.

This test was actually given to real students as part of a research project. The researcher then waited 10 years giving the students time to establish their careers.

What was the result? The highly motivated achievers, those students who told the most vivid, action-packed stories about the person reaching for the alarm clock, had often chosen successful careers involving personal responsibility, initiative and courage. The students who saw the alarm clock being turned off tended to choose jobs that asked little of them and had made little progress.

The lesson in this is one that top sportspeople know well. The more vivid and real the image that motivates you, the stronger your motivation will be. As we create a picture in our imagination, the enormous power of our minds is set on achieving it.

Your imagination can see things not as they are now, but as they can be.

How do you picture yourself in, say, 10 years' time? How vivid is your mental picture?

Imagine a bright future for yourself and you are more likely to be motivated to achieve it.



Star of the Sea Mass

I warmly invite all members of our community to join us for Mass this **Sunday night** at **6.00 pm** at the Star of the Sea Church.

Building Progress

There has been significant progress in our building works this week, which has already transformed the grounds of the College. I really appreciate the patience and understanding of all members of our community during this time. Traffic flow at the entrance of the College has been quite good. I would ask students to continue to be careful when crossing roads both in the College grounds and in the adjoining streets.

Year 10 Structured Work Place Learning

Congratulations to our Year 10 students on the successful completion of their work place learning last week. I heard so many fantastic reports from teachers and employers about how they engaged with the program and the positive way in which they presented themselves in the work place. I understand that a number of students have been offered part time jobs or school based traineeships as a result of their work experience. Well done, Year 10!

Music Tour

Last week our music ensembles travelled to Brisbane to compete in the Qld Catholic Schools and Colleges Music Festival. I was able to hear most of the ensembles perform and I was so proud of them. Both the Woodwind Ensemble and Drumline were awarded Gold, Concert Band was awarded Silver and the Choir was awarded Bronze. Thank you to Mrs Sheather for the wonderful work in preparing the students and to Mr Galea, Miss Barbagello and Mr Davis for accompanying the students. Thank you to Mrs Marsh for all of the behind the scenes organisation for the tour.



God bless
S. M. Volp
Sharon Volp

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Student Absentee Hotline: 4973 4791



Good News

Kath Hore - Mission & RE Support Officer

SOS Mass and Youth Group

The Term 3 Chanel SOS Mass will be held this **Sunday 23 August** commencing at 6.00 pm. You are invited to come and share in worship with your children. There will be a Youth Group Gathering in the Parish Hall following the Mass, led by our Year 12 students. This group is an informal gathering to allow students to share time, ideas, and have fun together. Students from all Year levels are welcome and they can bring friends or even round up some neighbours if they like. *Just be there!*

Years 8 Retreat Dates

A reminder of the rescheduled dates for the Year 8 Retreat.

Year 8 Retreat will be held at the Capricorn Caves from Monday 24 August to Wednesday 26 August

Please contact Mrs Wales if you have any concerns regarding this retreat.

National Evangelisation Team (NET) – Billets Filled

Many thanks to all who have volunteered to accommodate the National Evangelisation Team when they visit our Year 8 students in September. Your generosity in opening your homes to these young people is greatly appreciated and I am sure your time with them will be very rewarding. Thank you.

Service to the Community - Buddies Day

Buddies Day, organised by St Vincent de Paul and supported by Chanel College, will be having their next outing on 30 August, meeting at the Marina, near the main playground. More outings are planned for this year and if your child would like to be a volunteer with this program, and they are in Years 10 -12, please encourage them to see Mrs Hore for more details.

Botanic to Bridge

Congratulations to all students and staff who participated in the Botanic to Bridge Run on Sunday 16 August. **Your efforts not only raised funds for our College but also for the Pyjama Foundation.** The Pyjama Foundation empowers children in foster care with learning life skills and confidence to change the direction of their lives, and will now benefit up to \$20,000 from the community event.

Second Hand Uniform Outlet

We have in stock many junior uniforms, especially boy's shirts and shorts in bigger sizes, all in good condition. Formal uniforms sell for \$10 per item, sports uniforms - \$5 per item and jackets - \$25 each.

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Mrs Botica's Year 9 RE Class – Thursday 27 August

Mass is celebrated in the College Chapel at 10.40 am each Thursday.

ALL WELCOME - Families, friends, fellow students!!!

Wisdom Words

"The Lord said to his people, 'stand at the crossroads and look, ... and where the best road is, walk in it, and you will live in peace.'" – Jeremiah 6:16

Please Pray for ...

- People in our community who are unwell or recovering from illness
- Aid workers helping people who have lost their homes, loved ones and sources of income in many parts of the world.
- A peaceful and just solution to the fighting in Syria and the political unrest in the Middle East.

Praise and Thanks for...

- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- The opportunities our students have to enhance their lives spiritually, academically, physically and culturally.
- Local charities as they reach out to the ever increasing number of people seeking assistance

If you have any requests for either of the above prayers, please leave your request at the Office.

family and child connect

Connecting families
to the right services at the right time



stronger families

What is Family and Child Connect?

Being a parent is not an easy job and sometimes, other problems can get in the way of looking after your children at home.

If you are feeling overwhelmed or not coping, it's okay to ask for help.

Family and Child Connect is a free service to help you with the challenges of parenthood.

Every family is different, and is important that you find solutions that work for you.

Family and Child Connect will talk to you about your worries, and connect you to local services that can help with:

- developing your parenting skills and managing your child's behaviour
- building better relationships between family members, including help with any violence at home
- budgeting and managing money
- managing alcohol, drug or gambling problems
- accessing housing, health care or other community or government services.

Contact Family and Child Connect - Ph: 13 26 24

Web: www.familychildconnect.org.au

STUDENT ABSENTEE HOTLINE 4973 4791

Marcellin House has started its major Social Justice fundraising activity for the year – In the past we have had sausage sizzles, raffles, book sales and this year we are collecting bottles for a bottle stall to be held at the St John's Moonlight Fair on 24 October 2015. There are boxes in all the Marcellin Pastoral Care Groups and some already have items in them and any student or staff member from the College is welcome to contribute if they would like to. Please see Ms Ryan for any donations.

The money raised will be taken to the Alieta School during the 2016 Immersion Trip.

Thanks

Jessica Ryan - Marcellin Pastoral Leader

Bottle Collection





VIETNAM VETERANS DAY

On Tuesday 18 August, The Battle of Long Tan was remembered at the Vietnam Veterans Day Service. Chanel College students paid tribute by laying a wreath at the memorial service held in Gladstone.



Year 9 Japanese Excursion

By Grace Graham

In week 4 this term our Year 9 Japanese class went on an excursion to the Thai Basement. I know it sounds strange, to go to a Thai restaurant in Japanese class, but we went to speak to a native Japanese waitress who has recently moved to Australia. At the restaurant we chatted to the waitress in Japanese and English and discussed many interesting topics as well as eating delicious Thai cuisine. We had a great time! If you are considering taking Japanese next year, I would definitely recommend it, as fun excursions are just one of a long list of amazing opportunities that learning Japanese presents.

タイペースメントはおいしかったです！また行きたいです！



SUBJECT EXPO



New York College Experience



by Darcie Holgate English Year 11

"On the 28 July 2015, I flew into John F Kennedy (JFK) International Airport to meet with faculty of Oxbridge Program's 'The New York College Experience'. Throughout July, I stayed at Barnard College of Columbia University, studying Politics, Human Rights and Psychology. With a major class from 9.00 am until 12:30 pm every day, and an additional minor class from 2.00 pm until 4.00 pm each second day, I truly got the College Experience. Oxbridge Programs took us, as a body of 160 international students, to Ivy League Institutions such as Yale University, Brown University and the University of Pennsylvania. Class in pyjamas, dinner in the cafeteria and shopping in Times Square until 11.00 pm were experiences I will truly never forget. My favourite activity was my Human Rights and Politics trip to the National 9/11 Memorial and Museum. It was an honour to visit, and have the opportunity to see memorabilia such as plane windows, clothing, and hear phone messages left to loved ones. Oxbridge Academic Program's activities directors were truly wonderful, and never let us miss a chance to 'thrift shop' in Brooklyn, visit 'A Starry Night' by Vincent Van Gogh or reenact movie scenes from 'Night at the Museum' at the American Natural History Museum."



national science week 2015

As part of the National Science week celebration Chanel students have become involved by participating in several activities at lunch time on Wednesday 19 August. These activities which incorporated science were fun and simple and promised prizes to the best in each section. These small activities included naming the Chanel College science skeleton, finding as many words that you can from the elements of the periodic table and painting science inspired pictures on bags. The latter was a central activity as this year's theme for National Science Week is colour. The program enabled students to express their scientific curiosity in a fun and exciting way.



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by Isabella Aitkenhead Year 11

sport news

Kylie Kickbusch
Sports Program Leader

Town Netballers into Semi-Finals

The Chanel Town netball team will play off next Tuesday night in a game that will decide who goes into the Grand Final on Tuesday 1 September. The team, coached by Miss Ord and Miss McDonough, had a fantastic victory on Tuesday over Toolooa SHS winning the game 23 – 4. The girls have played outstanding netball all season and made the finals on the back of consistent performances throughout the season. This is the first time in a couple of years a Chanel town team has made the finals so congratulations to the girls and their coaches. Best of luck for your game next week and fingers crossed for a big win to make the grand final. Pictured is the team in action from the first finals held on Tuesday night.



Sophie Duff makes QLD 12 Year Old Touch Football Team

Congratulations to **Sophie Duff** on being selected in the 12 Years QLD School Girls Touch Football team. Sophie was part of the Capricornia team that travelled to Toowoomba last week to take part in the State trials. She had an outstanding tournament and her selection was testament to her consistent performances over the 4 days and excellent skill level. We wish Sophie all the best in the lead up to the National tournament and again congratulate her on her selection in the QLD team.

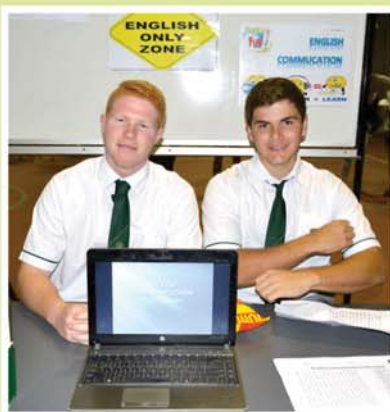


Capricornia Track and Field Trials

On Monday 17 August (13 – 19 Years) and Tuesday 18 August (12 Years) the Capricornia Track and Field trials were held in Rockhampton. Chanel students attended the trials as part of the Port Curtis team in a variety of track and field events. This year the travel time was much better suited to the teams preparation, as last year they had to endure a 7 hour bus ride to Mackay. It was great weather for competing and the competition between the regions was red hot. Official results from the carnival and Capricornia team lists are yet to come through to schools, but students who finished first in their events are automatically selected in the team. Students placing second or after who make the qualifying time or distances will also make the Capricornia team. **Tallis Stanhope** and **Sciara McKenzie** both took out the 800m races for their age groups and will represent Capricornia at the State trials in Brisbane in October. Congratulations to both these students and to all the Chanel students who participated at the carnivals. When the overall results come through from Cap Sport, these will be posted in future newsletters.



SUBJECT EXPO





SOLAR COOKERS

Yr 8 Science



Future Leaders take on EcoChallenge at Curtis Island

A group of Year 7 students visited Curtis Island recently for the 2015 Future Leaders EcoChallenge. The event gave students the opportunity to take part in hands on activities focused on improving the health and resilience of the Great Barrier Reef. As well they also took part in tree planting on the front dunes, inspecting turtle tracks and a fauna and flora walk. Students had the opportunity to learn from local experts in environmental education and science through participation in activities. They can now share these experiences with their peers.



TUCKSHOP VOLUNTEERS

Tuckshop is in need of volunteers

If you can spare any time at all please contact the Office Manager on 4973 4714.

It would be lovely to see some new faces.



ATTENTION PARENTS

School Fees are Due 28 August 2015.

Please contact the finance office if you did not receive your statement or you are having any difficulties in paying your account. PLEASE USE YOUR NUMERIC CODE WHEN MAKING DEPOSITS TO YOUR ACCOUNT.

Finance Officer: Leigh Clarke

Phone: 4973 4711

Email: finance@chanelcollege.qld.edu.au

STUDENT ACCESS CENTRE

Do you need help with Assignments? Homework? Careers?

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd **4973 4739**

Career Officer: Ms Cale on **4973 4738**

upcoming events

TERM 3

Week 7

Mon 24 August

- Year 8 Camp

Tue 25 August

- Year 8 Camp
- Maggie Dent Parent Information Evening 6.00 pm

Wed 26 August

- Year 8 Camp

Fri 28 August

- Whole School Social

Week 8

Tues 1 September

- QCS Test

Wed 2 September

- QCS Test
- Year 12 QTAC Information Evening 6.00 pm
- Chanel Board Meeting 5.30 pm

Fri 4 September

- Middle Years Student Leaders Applications DUE to Print Room by 9.00 am

Week 9

EXAM WEEK

Week 10

Mon 14 September

- Year 8 Mt Larcomb Climb

Wed 16 September

- Marist Solidarity Coin Trail Challenge
- P & F Meeting 5.30 pm

Thur 17 September

- McAuley Feast Day

Fri 18 September

- Term 3 Concludes

TERM 4 COMMENCES TUES 6 OCTOBER